



Tip to maximize...

You do not need to be enrolled in a New York Life medical option to contribute to and use the FSA for Health Care.

FSA FOR HEALTH CARE

The Flexible Spending Account (FSA) for Health Care is an account that lets you set aside money to pay for eligible out-of-pocket medical, prescription drug, dental, vision, and hearing care expenses on a pre-tax basis. The expenses can be for you or your dependents, even if they aren't covered by a company-sponsored plan. At the time you enroll, you elect a contribution amount from \$130 to \$2,650 in 2019.

Use your 2019 FSA for Health Care for *eligible out-of-pocket expenses* [↗](#) from January 1, 2019 to March 15, 2020. You must submit all expenses for reimbursement by March 31, 2020. Any unused money in your account after the March 31, 2020 deadline will be forfeited.

New York Life also offers an FSA for Dependent Care to help you pay for expenses, such as child care, in-home care, or adult day care. [Learn more.](#)

PayFlex

With PayFlex, you can easily track the status of your health care accounts, manage your funds, access eligible claims through Aetna, make a payment or reimburse yourself, and verify your claims with just a few clicks.

To learn more about PayFlex and how to pay and verify claims, check out the [PayFlex infographic](#).

For medical services, such as an office visit, you should wait until your claim has been processed on the PayFlex site (or when your EOB is available for claims through plans outside of New York Life's medical options), so you know your payment responsibility. Once you know how much you owe, you can use the debit card to pay your provider directly. Visit www.payflex.com to verify your claim with just a few clicks.