

Incentives

In the Active Health Option, earn health incentive dollars simply by completing various healthy activities and using the resources available to you. Every enrolled agent and spouse/domestic partner can complete the following activities to earn incentives:

Activity	Action	Eligibility	Health incentive dollars (per person)
Health awareness and education			
Online Health Assessment	Complete the online health assessment questionnaire	Agents and spouse/domestic partner	\$150
Annual physical	Get a routine physical in 2024	Agents and spouse/domestic partner	\$150
Teladoc	Register with Teladoc	Agents and spouse/domestic partner	\$50 Note: If you have already earned this incentive, you are no longer eligible to receive it.
PayFlex	Register with PayFlex and complete your notification preferences (go to Account Settings, then Account Notifications)	Agent only	\$50 Note: If you have already earned this incentive, you are no longer eligible to receive it.
Cancer screening and early detection—based on your age and gender			
Mammography	Get a routine screening	Plan participants of any age who are assigned female at birth	\$250
Colonoscopy	Get a routine screening	Plan participants of any age	\$250
Well-woman exam <i>You can earn incentives for both a well-woman exam and an annual visit to a primary care physician</i>	Get a routine GYN exam	Plan participants age 21 and older who are assigned female at birth	\$150
Health management—for those managing a health condition			
Aetna One Incentive	Complete a call with a Care Advocate Nurse from Aetna	Participants in the care management program (identified through a call with a Care Advocate Nurse from Aetna)	\$200
	Complete a care plan		\$300
Maximum dollars earned for self and for spouse/domestic partner			Up to \$1,550 per agent and \$1,500 per spouse/domestic partner depending on age and gender